

We're here to offer as much help as you need

When a loved one is diagnosed with memory loss, it can seem as if your whole world is turned upside down. You're working through your emotions while caring for your family member at the same time, and it's *hard*. You're doing a great job—but you don't have to do it alone.

That's where we come in.

For those who are still caring for a loved one at home, support services include:

- ▶ Educational programs and resource materials
- ▶ Caregiver support groups
- ▶ Short-term care (see reverse for more information)

After a loved one moves in, CountryHouse offers these support services to families:

- ▶ Educational programs and resource materials
- ▶ Annual Family Traditions events
- ▶ Monthly Coffee Club
- ▶ Accommodations and hospice for end-of-life care



Short-term care

Sometimes you need a break—time to renew, travel or catch up on everything else. If you aren't ready to make a full-time residency decision or just need some time away, CountryHouse offers both overnight and daytime care options. It can be a great way to ease the transition from home to community living.

Short-term guests receive a full complement of services:

- ▶ Licensed caregivers and RN supervision
- ▶ Personal care as needed
- ▶ Medication administration
- ▶ Dressing assistance
- ▶ Nutritious, family-style meals
- ▶ Specialized programming and fun bus trips
- ▶ Secured building and courtyard
- ▶ Housekeeping and laundry



The caregivers are some of the most loving, caring people I have ever met. They go above and beyond to make sure each person is treated with dignity and respect.

~ Ellen G., Dickinson, ND