

# Personalized memory care in an active, supportive community.





## We make the most of every moment.

When your loved one has been diagnosed with Alzheimer's or another form of dementia, making long-term care decisions is difficult. It's important to get the right help from people who understand the disease.

With more than 30 years of experience, we know how to make sure your loved one will be safe and comfortable. By offering a variety of stimulating activities that help our residents stay connected, we join them in living for the moment, and the result is a happy, healthy environment.

#### Life with memory loss can still be joyful.

CountryHouse is a place where every day is an opportunity to celebrate life.

#### Comforting routines.

Familiar tasks and daily routines help residents find reassurance and a sense of purpose.

#### Moments of joy.

Unique LifeCycles activities, field trips and entertainment add variety as we celebrate the change of seasons, holidays and personal histories.

#### Meaningful connections.

Our handpicked staff makes deeply personal connections with our residents, going into their worlds with compassion and respect.

You're welcome to visit CountryHouse anytime. To learn more, please visit countryhouse.net.

"It means so much to know Dad has a real home, not just a room. I'm always



glad to hear that he's playing his guitar or out on a field trip."

## Thoughtfully designed for memory care.

With input from memory loss experts, CountryHouse was designed to minimize confusion. Everything from the wide, continuous hallways to the table settings enhances each resident's confidence. We feature:

- · Choice of private or companion bedrooms
- Complete accessibility for wheelchairs and walkers
- Safety-monitored entries
- Secure courtyards with strolling paths, gardens and more



"I can't tell you how much it means to me to know that my wife is safe and getting the best of care."





#### Comfortable surroundings for smoother transitions.

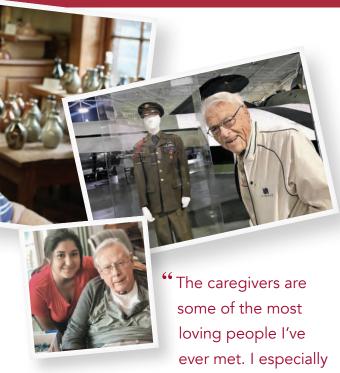
Our beautifully decorated residences feel familiar, like a family home, and feature:

- Soothing colors and textures
- Family-style dining with private dining options
- Spacious gathering rooms for both large and small groups
- · Country Kitchen for hands-on activities
- Lovely patio for fresh air and natural orientation

Bedrooms filled with personal furniture and mementos are clustered in quiet wings, allowing for privacy and rest.



"We feel so lucky to have found a place that feels more like a family than an institution."



appreciate the upbeat attitude and emphasis on keeping my family involved and informed.<sup>99</sup>

## Compassionate staff who understand memory loss.

Each staff member is selected specifically for their natural patience and empathy. They receive comprehensive training so they know how to use encouraging words and diversion to assist residents when they are feeling anxious or frustrated. We're committed to:

- · High staff-to-resident ratio
- Creative intervention and communication
- Consistent, positive interaction
- Gentle encouragement to participate
- Round-the-clock supervision

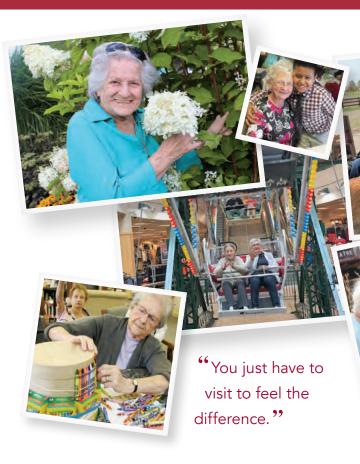
#### Full range of services for residents and their families.

Memory loss is different for each person, and at CountryHouse, we provide completely customized care through our LifeCycles Wellness Program. LifeCycles is designed to maximize a resident's physical, social, intellectual and spiritual health. We also offer:

- · Medication supervision and assistance
- Personal grooming and mealtime assistance
- · Fun activities and daily outings
- Day-stay, short-stay and respite care options
- · Family programs and support groups

"CountryHouse is designed just right for those with memory care needs. We feel like the staff is an extension of our family, doing all the extra meaningful things in our absence."





## Working together, we make every day a good day at CountryHouse.

To learn more, go to **countryhouse.net** or stop by for a visit. You're always welcome here.



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